

The Power of Women...



**Taking Charge of
Your Health—
Recommended
Screenings for
Women**



Sunday, September 19, 3-5 pm

Emporium Wines and the Underdog Café

(233 Xenia Ave., Yellow Springs)

An in-person chat group designed to empower women to make healthy decisions for themselves through education and knowledge of options. A Lifestages Midwife will be on-hand for an informal presentation and discussion. Healthy beverages and light fare will be served. Topic will include discussion about lifetime screening checks for women including, but not limited to: pap guidelines, thyroid, DEXA and cholesterol testing, etc.



**Call us at:
(937) 277-8988 or Toll-
Free at (888) 808-1016**

Future Date & Topic:

**Sunday, October 17 “Is It Warm In Here, Or Is It Me?”
Traditional and Holistic Methods
for Controlling Menopausal
Symptoms**